

Ref: CL/TD/Snacks

24<sup>th</sup> November 2021

Dear Parents,

**Important Information about break-time snacks**



Fruit is provided daily for the children in Foundation Stage (Nursery and Reception) and Key Stage 1 (Years 1 and 2). It is not provided for pupils in Key Stage 2 so they are encouraged to bring a **healthy snack** (such as fruit, vegetable sticks and rice crackers) in to school to have at break-times. Please ensure that these snacks are not put in the children's lunch boxes and that they are **kept separately** in their classroom as children do not have access to their lunch boxes until lunch-time. Please make sure that all snacks are clearly labelled with your child's name.

Children are prohibited from having unhealthy snacks such as crisps, biscuits and chocolate. **Any products that may contain nuts or any traces of nuts must also be avoided** as we do have several pupils in school with nut allergies and if they come into contact with any nut products they could potentially have a life threatening reaction.

Milk is also provided for the children at break-times up until the age of 5 years old. After the children turn 5 years old there will be a cost for the milk. Please contact the office for further information.

We also encourage **all pupils** to drink water throughout the day. Please provide your child with a sports cap water bottle labelled with your child's name. They will be able to refill it at school as required but we would recommend that you replace the water bottle at the start of each week for hygiene reasons.

Thank you for your cooperation.

Yours Sincerely,

Handwritten signature of Mrs. C. Lynch

Mrs. C. Lynch  
Headteacher